



The Lydia Vocation Training Centre Sewing Machines Project

The Problem

Women in Nepal lead a difficult life, particularly in rural communities. Many rural women live in extreme poverty, without any means of improving their situation. Nepali women in general are still expected to be subservient, are given inferior education in comparison to men, and work for less pay. They are often abused emotionally and physically, which further contributes to their poor self-image and low personal expectations.

The Project

Tailoring has been an effective way of empowering rural women in Nepal. The Lydia Vocational Training Centre teaches sewing, literacy, and other practical skills. The Centre provides a sewing machine and sewing kit for each of its graduates. This gift enables them to generate an income and provides for the needs of their families.

The total cost of the project is \$18,500 per year.



Your Gift Makes a Big Difference!

- ✔ An innovative element of the Lydia Centre is that each graduate is trained to teach other women and commits to sharing her knowledge with at least five others in her community, multiplying the impact of the Centre.
- ✔ The gift of a sewing machine offers a woman the opportunity to fulfill her dream of sewing clothes for her family, earning a fair wage, and gaining status in her community.
- ✔ Approximately forty-four sewing machines are needed yearly so that each graduate is able to receive her own machine.
- ✔ Your support will help Nepali women overcome the daily discrimination they face by giving them the opportunity to improve their situation through education and skills training.

"I feel so fortunate to be at Lydia. I've learned so much more than how to sew and this will help me for the rest of my life. My future looks a lot brighter." Sangita

Total Project Cost: \$18,500/year

Includes the teachers' salaries, 44 sewing machines, irons, ironing boards, scissors, paper cutters, thread boxes, measuring tapes, material, draft scales, pencils, etc.

\$260.00

Sewing machine only.

\$41 a month: provides a child living in Nepal with everything they need to live life the way God intended, including food and nutrition, education, health care and spiritual support.

To give to this project, please visit www.internationalneeds.ca or call 1-888-702-9805 today!